

## WHAT IS VARICOSE VEINS



Varicose veins are swollen and enlarged veins that usually occur on the legs and feet. They may be blue or dark purple, and are often lumpy, bulging or twisted in appearance. Other symptoms include: aching, heavy and uncomfortable legs swollen feet and ankles.

## TYPES OF VARICOSE VEINS

There are several types of varicose veins, such as: trunk varicose veins – these are near to the surface of the skin and are thick and knobbly; they're often long and can look

unpleasant reticular varicose veins – these are red and sometimes grouped close together in a network.

## CAUSES OF VARICOSE VEINS

Sometimes the walls of the veins become stretched and lose their elasticity, causing the valves to weaken. If the valves don't function properly, this can cause the blood to leak and flow backwards. If this happens, the blood collects in your veins, which become swollen and enlarged.

## THE SIGNS AND SYMPTOMS OF VARICOSE VEINS INCLUDE:

- Large veins that you can see just under the surface of your skin.
- Mild swelling of your ankles and feet.
- Painful, achy, or "heavy" legs.
- Throbbing or cramping in your legs.
- Itchy legs, especially on the lower leg and ankle.

## NEUROTHERAPY TREATMENT

<b>First day</b>	Acid treatment formula
<b>Second day</b>	Multivitamin formula
<b>Third day</b>	(3) Gal (7) Liv After ½ hour 1,25 DCC
<b>Fourth day</b>	Normal – Ajay Normal formula

## REPEAT THE SEQUENCE